

Are You a Parent or Carer?

Do You Want to Learn How to Raise an Emotionally Intelligent Child or Teen?

Join our Emotion Coaching Group for Parents and Carers of Children and Teens

A **6-week** group program which assists parents or carers to develop skills to help their children understand and manage their emotions through emotionally responsive parenting.

WHO CAN TAKE PART?

- Parents and carers of children (6-12 years) or teenagers (12-18 years, still attending high school).
- The group will run on Mondays.

HOW MUCH WILL IT COST?

- The program costs \$250 for one parent or carer to attend.
- \$400 for two parents/carers from the same family, payable before the first session of the group.
- Concession rates available.



MORE INFO:



INTERESTED?



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